



***NIRANTAR - a space for lifelong learning
Centre for Lifelong Learning***

invites you to a workshop

on

Totality of possibilities

by

Ms. Geeta B Bhansali

Date : 16th July, 2018

from 2:30 p.m. to 5:30 p.m.

**Venue : Room No B1, 2nd Floor, Academic Building 2,
Naoroji Campus, Deonar Farm Raod, Tata Institute of Social Sciences**

(Please contact Ms. Veena Shinde contact no. 022 25525682, email ID – veena.shinde@tiss.edu)

Fee waived for faculty, Staff, Project Staff and current students of TISS [Masters, Doctoral, Diploma, Certificate students]

Fees for Participants : Rs. 354/- (Including 18% GST)

Bank link for the payment of Fees/Wire Transfer:

https://support.tiss.edu/conf_regi_form/

Last date for receiving the Application: **13.07.2018**

Prior confirmation required as number of seats are limited

Objective of the workshop:-

Do you want to be motivated for all you can be??? You can now be ready to go beyond your limited expectations and learn to release old beliefs and fears. You can have anything you truly believe you deserve. *You can confidently declare what you want, by getting in tune with your inner self and view your problems more calmly, as part of a learning experience.*

- ✓ Objectives:
- ✓ Learn the 5 keys for mental and emotional well-being
 - Awareness and Belief
 - loving to yourself

- *Principles of affirmations*
- *Power of visualisation*
- *Attitude of gratitude*
- ✓ *Reclaim your greatness*
- ✓ *Learn to accept who you are and where you are right now*
- ✓ *Open the door to possibilities*

Structure of the Session:-

The session will focus on self awareness, through thoughtful processes, interactive and hands on experiences. This will enable each participant to explore SELF though an INSIDE OUT approach. Hand outs shall be provided

Brief Profile of the Facilitator:



Geeta Bhansali
 Transformation Facilitator
 +91 9820390102
geetabhansali@gmail.com
www.geetabhansali.com

Geeta – having gone through her journey and still moving on... has realised, that all is in the perfect order, It was meant to be.. In her words “I HAVE DISCOVERED ME & I LOVE BEING ME”

Been into the HEALING field for more than 15 years she has been actively practising various healing modalities and therapies:

- Theta Healing
- Bowen Therapy
- Louise Hay Philosophy
- Reiki
- EFT
- Body Talk Access
- Voice Movement Therapy
- Emotional Healing
- Compassionate Communication
- Singing bowl therapy
- Art based facilitation
- Play back theatre
- Awareness through Body

She is an Internationally certified trainer for:

- "Heal your Life" workshop
- “Heal your Life Coach
- “Heal your Life “ Teen Playshop

Geeta offers personalised sessions from:

- Clinic at Walkeshwar (South Mumbai)

- Centre at Parel (Central Mumbai)

Some of her recent associations include working with

- Visually impaired children of National Association of Blind-Goa and Surat
- Hearing and speech impaired children
- International school children and teachers
- Special needs children (SETU)
- Swasth Foundation – Swasth Yog Institute (www.swasthyog.org)
- Students of Entrepreneurship- VIIT Pune

Geeta believes that everybody has an innate ability to heal oneself and hence provides holistic health care through an integrated approach. Through her personalized sessions, she promotes Optimal wellness, Holistic Health Care, Guidance, Counselling , Emotional Support, Personal Growth, Empowerment in Dubai, Mumbai, Pune, Goa, Surat